

Salkantay trek packing list

Day pack

- Camera
- Phone
- Passport
- Refillable water bottle
- Insect repellent
- Waterproof jacket
- Waterproof hiking poncho
- Sunblock
- Lip balm
- Dry bag
- Snacks
- Money

Items to rent

- Walking poles
- Sleeping bag
- Tent

Duffel Bag

- 2 x Merino wool socks
- 1 x leggings
- 2 x quick-dry t-shirts
- 1 x loose fitting trousers
- 1 x base layer
- 1 x fleece
- 1 x hiking boots/shoes
- 1 x sports bra
- 5 x underwear
- Towel
- Deodrant
- Coca leaves
- 1 x buff
- 1 x hat
- 1 x swimsuit
- Sunglasses
- Toilet paper
- Toothbrush
- Toothpaste
- Headlamp
- Plasters
- Chargers
- Medication
- Hand sanitiser